



ta chalkina

MODERN CRETAN CUISINE

Homemade aged bread

## ❁ SALADS ❁

### THE CRETAN SALAD

Cherry tomatoes, cucumber, onions, green peppers,  
Cretan rusk, soft cheese cream, critamon, capers, olive cuts,  
basil oil and vinegar

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### DAKOS

Crumbled rusk, grated tomatoes, cherry tomatoes,  
local soft cheese, olive oil, fresh oregano and basil

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### THE GREEN SALAD

Baby green leaves, roasted peanuts, white and yellow cheese,  
avocado, seasonal fruits, fried dough skewers,  
served in orange and honey dressing

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### THE GREENS

Grilled local greens, grilled soft cheese, roasted almonds,  
variety of grilled bell peppers, cherry tomatoes,  
boiled courgettes, a boiled egg, corn

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## ❁ STARTERS ❁

### THE POTATOES

Potatoes served in 3 different ways (smashed, chips, fried),  
served with boiled sheep milk cream "staka",  
smoked meat powder and grated cheese on top.

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### THE CHEESE

Fried local yellow cheese covered in dough,  
spicy watermelon marmalade, mint oil and lemon gel

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### THE SNAILS

Snails in flour, fried in a pan with garlic, vinegar and fresh rosemary

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### DOLMADES

Vine leaves and zucchini flowers filled with rice and  
herbs cooked in a pot. Served with Cretan cream cheese.

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### THE MUSHROOMS

Mushrooms served in different ways, flavored with truffle,  
red pepper cream and avocado cream

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### SMOKED STUFF

Pork and sausages served with grilled vegetables  
and wine sauce

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CONSULTING: Chef Manolis Papoutsakis

#### THE EGGS

Fried eggs served with "staka" (boiled sheep milk cream) flavored with truffle, roasted almonds and green stems

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#### KALITSOUNIA \*

A variety of traditionally fried little pies

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#### THE MEATBALLS

Fried meatballs served on a thin cheese pie with garlic flavored cheese cream homemade ketchup and potato chips

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### ❁ MAIN COURSE ❁

#### PILAF

Traditionally boiled rice in lamb broth

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#### THE GOAT

Goat served with local pasta, yellow cheese "graviera" and "staka" milk cream

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#### THE CHICKEN

Roasted with sage, lemon, honey served with local pasta and grated cheese

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#### THE RABBIT

Fried pieces of meat served with stew sauce and three textures of eggplant (roasted, puree, powder)

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#### THE PORK

Pork steak which is first grilled and then transferred to a pan with red wine. Served with lemon flavored potatoes and grilled green beans

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#### CASSEROLE

Variety of local freshly cut vegetables cooked in a casserole with herbs

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### ❁ LOCAL CHEESE CUTS ❁

#### GRAVIERA

12-month aged yellow goat cheese

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#### ANTHOTIROS

Dried white sheep cheese with bukovo pepper

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#### THE CRETAN FETA

The traditional Greek soft cheese served with olive oil

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#### ANTHOGALO

Non-cooked sheep milk cream "staka"

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CONSULTING: Chef Manolis Papoutsakis

❁ **SEA FOOD** ❁

**THE MUSSELS (FRESH)**  
Steamed with roasted almonds

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**THE SHRIMPS (FRESH)**  
On the pan with staka butter, garlic, lemon and fresh oregano

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**THE SEABASS (FRESH)**  
Fillet with fish soup sauce and groats tabule

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**THE OCTOPUS**  
With local greens, white fish roe, olive oil and lemon

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## ❁ BEVERAGES ❁

Bottled water 1lt  
Sparkling mineral water 330ml  
Sparkling mineral water 750ml  
Gazoza  
Lemonade  
Orangade  
Biral  
Soda water  
Coca cola / zero  
Sprite

## ❁ DRINKS ❁

Tsikoudia (200ml)  
Tsikoudia (100 ml)  
Retsina - Pnevmatikakis winery  
Whisky / Vodka / Rum / Gin  
Bottle of liquor

## ❁ BEERS ❁

Alfa 330 ml  
Nymfi 330 ml  
Amstel -alcohol free- 330 ml

## ❁ CRETAN BEERS ❁

Lyra (kissamos)  
Rethymnian Bio Beer  
Lefka Ori

## ❁ DRAUGHT BEERS ❁

Mamos (400 ml)





- Market Manager: Kostas Chrisoherakis
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- The restaurant is obligated to have printed forms available in a specific place near the entrance in case of any complaints.
  - The customer isn't obligated to pay the bill if a legal receipt isn't given.
  - The restaurant has POS available.
  - Frozen products.
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[www.chalkina.com](http://www.chalkina.com)

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